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| **Local Wem Businesses Here to Help**  To help you whilst **YOU STAY AT HOME,** we have compiled this information page   |  |  |  | | --- | --- | --- | | **Doctors Surgeries**   Wem & Prees Medical Practice **01939 233 476**  Clive Medical Practice **01939 220 295**  Both practices are OPEN for telephone consultations, call the practice as you normally would and a clinician will call you back  **Prescription Ordering**  Repeat Prescriptions can be obtained by prior arrangement and ordered in the following ways:  Prescription Ordering Direct -Telephone  **033 33 583 509** or email [**shropshire.pod@nhs.net**](mailto:shropshire.pod@nhs.net) A limited Prescription delivery service is being offered by Rowlands Pharmacy for the most vulnerable (by the co-op **01939 234 004** or behind the GP Surgery **01939 232 361**)  **Clive Pharmacy** – Telephone **01939 220 532** for prescription requests only (do not use the **033 33 583 509** number)  A Prescription delivery service is being offered by Clive Surgery on **01939 220 295** for delivery to the most vulnerable residents of Clive and Wem | **FRUITFUL DELI** **01939 232 682**  Home Deliveries  **MAYPOLE COURT CAFÉ**  **01939 235 802**  **07855827313**  Home Delivery Roast Dinner & Dessert Tuesdays and Thursdays  **NORTH SHROPSHIRE**  **DOMESTIC SERVICES** **07903 889532** Home Made Ready Meals  **WEM BUTCHERS**  **01939 232435**  Home Delivery Service  **Co-Operative Food Store WEM**  The Store is continuing to take orders for delivery from **Vulnerable people** and the **Elderly**, or those who cannot get out. Please contact the store on **01939 234 900** or email a shopping list to [**wem.food@midcounties.coop**](mailto:wem.food@midcounties.coop) include contact telephone number, and delivery address and a member of staff will call back. **PAYMENT CAN BE MADE OVER THE PHONE**  Your order will be delivered to your door. The co-op are now also offering a **‘call and collect’** service, please ring and order on the same telephone number above. | **What can you do to help?**  **Food Donations** - **Whitchurch**  **Food Bank** provides food for those in need in Wem. Please help if you can by leaving an item at Wem co-op, these will be collected for distribution. Due to the continued work of the Whitchurch Food Bank, families in Wem have received nearly 3 times the amount of food that is donated through the co-op.  **Financial Donations** - can be  made through the Whitchurch Foodbank website **www.whitchurch.foodbank.**[**org.uk**](http://org.uk/) or cheques made payable to Whitchurch Foodbank and posted to Whitchurch Foodbank, Bargates Hall, Church Street, Whitchurch SY13 1LB  **Wem Store Cupboard –** are still providing emergency food  parcels locally during this time.  If you would like to make a financial donation please contact [**wemeatingwell@hotmail.com**](mailto:wemeatingwell@hotmail.com)for details  SPACE RESERVED FOR MORE INFO FROM WEM DOCTORS | | **A MESSAGE FROM WEM TOWN COUNCIL**  **Covid-19 Response**  **‘Emerging from Lockdown’**  Wem Town Council continues to actively monitor all that is happening nationally with regards  to the Covid-19 Pandemic. As a result of the success of the severe restrictions to control the spread of this disease the government is now easing the ‘lockdown’ measures. It has become necessary to review and update this information so that residents have accurate information to hand should they need it.  The town and local community has continued to ‘pull together’ and act responsibly during this period and the Town Council has received many encouraging reports that have both inspired  and helped transform the difficulties being experienced locally. Examples are the many  volunteers of all ages who have stepped forward, the local businesses that have modified their ways of working and those who have donated food and essential items to others in need.  As ‘lockdown’ eases please follow Government advice on social mixing and hygiene practices  so that any contact tracing that may be needed is eased to help prevent a resurgence of  Covid-19. Do continue to look out for the needs of neighbours, young families, the elderly and those vulnerable with health difficulties; not forgetting the difficulties experienced by those  ‘shielding’ them. Anxiety, loneliness, poverty and work-related issues are the experience of so many. Do this in a safe way, find out their contact details to aid any reporting/follow up, make sure they have essentials and whether any extra help is needed.  Thank you.  SPACE RESERVED FOR COMMUNITY MEALS INFORMATION  **Help with Food and Essential Items**  If you are struggling financially and are in need of an emergency food parcel, it is important  that you contact Wem Town Council on **01939 232 733** where you will be advised of what local support in the form of food parcels is available to you.  Coronavirus (Covid-19) - NHS Basildon and Brentwood CCG |

**CORONAVIRUS – WE’RE HERE TO HELP**  
**Useful contacts: We want to ensure you get the right advice, assistance and support you may need now**

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| **Shropshire Council Coronavirus Helpline**  **Helpline number 0345 678 9028**  Available 8am to 6pm weekdays  9am to 1pm Saturdays  **Email -** [**customerfirst@shropshire.gov.uk**](mailto:customerfirst@shropshire.gov.uk)  **For advice and information about all Shropshire Council service areas, please visit** [**www.shropshire.gov.uk/coronavirus**](http://www.shropshire.gov.uk/coronavirus) | **Child Welfare and Safety**  For concerns about a child’s safety or welfare, or for family support  **0345 678 9021**  **Adult Welfare and Safety**  For concerns about a vulnerable adult’s safety or welfare, or advice about adult social care  **0345 678 9044** | **Schools and Education**  (including Free School Meals)  **0345 678 9008**  **Email –** [**customerfirst@shropshire.gov.uk**](mailto:customerfirst@shropshire.gov.uk)  The current arrangements for Free School Meals will continue for children entitled to benefits related school meals but not attending school. Your child’s school will continue to provide vouchers, hampers or lunches. If your child is attending school then they will receive a free school meal if they are entitled to a benefits related free school meal or a universal free school meal | **Job Seeking**  Been made redundant?  Daunted about finding a job with everything that’s going on with covid-19?  **Wem into Work** can help you Based at Wem Town Hall, help & support is offered in finding employment   Call **01939 232299**  or email [sarah@wemtownhall.co.uk](mailto:sarah@wemtownhall.co.uk)  for more information and  to book an appointment |
| **Mental Health Support**  Concerned about your own mental health or that of someone else, call  The Shropshire/Telford & Wrekin ACCESS service on **0300 124 0365**  **or** The Mental Health Social Work Team on  **01743 255 895** | **Shropshire Mind**  Offers a wide range of support and services for people and their families affected by  mental and emotional stress  **Call 01743 368 647**  **The Samaritans**  **116123** 24 hours 365 days of the year | **Domestic Abuse Support**  National Domestic Abuse Helpline **0808 200 0247** (24 hr)  West Mercia Women’s Aid Shropshire  **0800 783 1359** (24hr)  Respect (Men’s Advice Line)  **0808 801 0327** (24hr) | **Wem Good Neighbours**  Help with other items – e.g. prescription collection  Please contact **01939 231 181** [**wemgoodneighbours@gmail.com**](mailto:wemgoodneighbours@gmail.com)  and they will be able to find a volunteer or organisation who can help  Please note volunteers are not able to enter residents’ houses. |
| **Housing Support**  Including Homelessness and Prevention  **0345 678 9005**  **Email -** [**housing.options@shropshire.gov.uk**](mailto:housing.options@shropshire.gov.uk)  **Council Tax and Benefits**  **0345 678 9002**  **Email –** [**council.tax@shropshire.gov.uk**](mailto:council.tax@shropshire.gov.uk)  **Email – benefits@shropshire.gov.uk** | **Business Support and Advice**  For business rates and enquiries **Email -** [**business.rates@shropshire.gov.uk**](mailto:business.rates@shropshire.gov.uk)  For business-related enquiries  **Email – COVID19businessenquiries@shropshire.gov.uk**  For information about help and support for businesses please visit  [**www.investinshropshire.co.uk**](http://www.investinshropshire.co.uk) | **Financial Support**  Are you experiencing financial difficulty  related to Covid-19?  Worried about keeping your home?  Please call Shropshire Council’s Welfare Support Team on **0345 678 9078**  **Furniture & Electrical Goods** Reviive **01743 588458** South Shropshire Furniture Scheme **01584 877788**  **Citizens Advice Shropshire**  **03444 99 11 00** | **Criminals are using the COVID-19 pandemic to SCAM the public - don't become a victim**  No legitimate company, organisation, government body or police force will ask you for money or bank details over the phone.  If you have received such a call & have provided personal details, which has led to funds being removed, it is advised that you contact your bank immediately and contact  the **Police** on **101** |

**This list is not exhaustive, if there is something you are struggling with please telephone Wem Town Council and we will try and point you in the right direction of**   
 **someone who can help – please note our telephone line is not 24 hours and in times when the office is not staffed please leave a message and someone will return your call**   
**Telephone 01939 232 733 or email info@wem.gov.uk**